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Accused in 2007 murder case gets bail hearing

COURTS A bail hearing is scheduled for this morning involving one of the two accused of first-degree murder in the death of Jennifer Horne.

Ashley Haley has been in jail for more than two years and is currently awaiting trial in the highly publicized case.

Haley, along with her common-law spouse, Desmond Maguire, each face first-degree murder charges in the death of 20year-old Horne.

The bail hearing begins at 9:30 a.m. at the Nova Scotia Supreme Court in

Horne was killed in December, 2007 and police found her body on New Year's Eve in a Dartmouth apartment.

News on the Maye

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Cole Harbour's Sidney Crosby celebrates with Jarome Iginla after Iginla's second-period goal last night against Norway as part of the Vancouver Winter Olympics. The Canadian team went on to win 8-0 in its opening game of the tournament, with Crosby picking up three assists. More coverage, page 11

Making cents of it all

Politicians urged to max expense accounts, former MLA says

Vancouver **Games**

Follow Metro as we bring you daily coverage throughout the 2010 Winter Olympics in Today -Vancouve Ricker claims snowbo page 12

On the web Visit metronews.ca for news updates

Former Tory MLA Len Goucher says MLAs were urged to max out their ex-

pense accounts. "I'm not going to mince words; we were urged to use it or lose it," Goucher was quoted on Global TV telling a hand-picked news

conference yesterday.
"I guess it would be fair to say I was naïve in following that advice."

The top spender identified in the MLA expense report told a press conference of Global, News 95.7 and The Weekly News he would not apologize for his purchases. Goucher is

Final appearance

• In what he called his final conversation with the media, former MLA Len Goucher claims he has been unjustly

turned into a pariah and cannot appear in public without people taunting him, says The Weekly News.

refusing to speak with any other media outlets.

"I didn't give you any (notice for the conference) because I only invited certain people that were decent to my family and my name and the ones that I felt probably Len Goucher should have it. And

those were three that I invited and that was the end of it," Goucher told Metro

News when reached by phone.

Goucher then said 'I'm very sorry. Anyway, you have a good day," and hung up.

Goucher insisted verything he purchased was legiti-mate and 100 per cent for "the better-

ment of my residents," says The Weekly News. Goucher expensed 12 printers, 11 computers, five cameras and four video recorders over three years. His \$38,694 in total assets led all MLAs.

He admits his grandson owns the Dance Dance Revolution Xbox 360 game he expensed to taxpayers, but said he had no idea how it got on the list.

Goucher said he chose to run a "technologically savvy" office with an updated website and even green screen technology.

"If (me) trying to do my job offended people, I'm sorry for that. But I was trying to do my job and I was trying to do my job fully within the guidelines set up by the Speaker's office," he said.

HRM mulls 'Give-Away Weekends'

COUNCIL Halifax regional council has thrown its support behind the introduction of two "Give-Away Weekends" in HRM.

Held twice a year in June and October, residents would be permitted to leave unwanted household items at the curb to be collected by anyone who wants or needs them.

Council voted unanimously last night to pass the proposal along to staff, who will examine its

Leftovers

Council was

told any left-

picked up by

waste crews,

but this hasn't

been a major

problem in the

other cities.

municipal

items

over

would

feasibility and return to council with a recommendation on whether to go ahead with the idea.

Coun. Gloria Mc-Cluskey, who put the motion forward,

said the weekends would help divert trash from landfills Ottawa and Winnipeg have already implemented similar programs, McCluskey said, and as long as the public is educated about the rules and etiquette surrounding the events, they have generally been a success.

"As they say, one person's trash is another's treasure," she quipped. But some councillors had reservations

"If it's not taken and stays on the sidewalk, then whose responsibility is it to pick it up?" asked Coun. Steve Streatch. "I just want to make sure we have all our I's dotted and our T's crossed."

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City airport second best on continent, rankings say

QUALITY Halifax Stanfield International Airport has been ranked the secondbest overall airport in North America.

The 2009 Airport Service Quality ratings place HSIA behind only Austin-Bergstrom International Airport in Austin, Texas. In the class of airports receiving under five-million passengers each year, Halifax came first for airports around the world for overall passenger satisfaction. It's the seventh-straight year the airport has received the top ranking for the category.

In a press release yesterday, HSIA president Tom Ruth said the secret to its success is the people who work there.

"They are our greatest asset and the reason why we continue to achieve worldwide recognition," he said.

The Airports Council International of Switzerland based the rankings on passenger surveys. In 2009, 140 airports participated in the survey across the world.

Halifax's scored a 4.39 out of a possible 5 in the survey of 34 separate elements of passenger experience.

News in brief

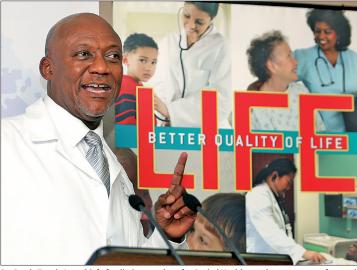
SFX CONTRACT Antigonish's St. Francis Xavier University and its unionized faculty have reached a tentative contract agreement. Administration officials and the faculty association announced the deal yesterday. The union's executive will be recommending the package to the membership. They have been without a contract since the end of June. A date for the ratification vote hasn't been scheduled.

THE CANADIAN PRESS

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Video Canadian halfpiper Jeff Batchelor breaks down killer tricks with the help of an action figure at metronews.ca/ canada

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Dr. Casely Tetteh Ago, chief of radiation oncology for Capital Health, speaks at a press conference in the Bethune Building yesterday. The province is contributing \$10.1 million toward a radiation-therapy project, which should help reduce wait times for cancer patients.

Cancer tech on way

Provincial cash gives boost to radiation therapy

PAUL MCLEOD
paul.mcleod@metronews.ca

The plan to buy new cancer-fighting technology is

cer-fighting technology is back on track after the province announced a \$10.1-million cash infusion yesterday.

Hospitals in Halifax and Cape Breton will receive four new radiation-therapy bunkers and two advanced linear accelerators. The QEII Foundation is also kicking off a campaign to raise \$4 million for technology improvements.

Doctors say the new machines allow them to "sculpt" radiation around tumours far more precisely while limiting damage to healthy cells. This allows them to increase the dosage and kill cancer more effectively, while reducing side-effects and the chance of cancer reoccur-

ng. But the machines may not lower wait times so much as keep them from growing worse.

"The wait times here are within the national benchmarks. However, they're right at the stage where that could change because they're at capacity and the number of people who have cancer and have need for this therapy is growing," said Health Minister Maureen MacDonald.

"We are in danger, as cancer increases and more people need therapy, with the aging equipment that we have of falling behind the benchmarks."

The equipment will not be fully installed until 2012. From then on, MacDonald said they could clear two people off wait lists each day. This should lead to some wait-time improvements, especially for people on the lower half of priority.

Dr. Casely Tetteh Ago, chief of radiation oncology for Capital Health, said he is thrilled to finally have the machines coming. He said they will have a great impact, but technologically Nova Scotia is still just catching up to other provinces and countries.

The machines were originally announced in March of 2007 with the federal government giving \$24 million and district health authorities throwing in another \$5 million. But when it eventually came time to buy the equipment, costs had ballooned and the feds wouldn't add any more money. Provincial cabinet decided last Thursday to fund the gap.

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HRM to consult public during polling-district review

COMMITTEE HRM is planning a review of its polling districts before the next municipal election in 2012.

A committee chaired by Mayor Peter Kelly will start holding public meetings later this month as part of the first phase of the boundary review process.

Kelly says discussion points will include the role of a councillor, decisionmaking powers, and the size of both regional and community councils.

Once the first phase of public consultation is complete, council will make a decision on a governance model. Based on the outcome, specific district boundaries could be adjusted or revised and residents will be consulted again in the fall.

Under the HRM Charter, the municipality is required to undertake a full district-boundary review every eight years.

THE CANADIAN PRESS

Constituency money should not fund charities: Advocate

SPENDING Nova Scotia's political spending scandal has a national citizens' advocacy group questioning the use of constituency allowances as charitable donations to individuals and community organizations

Scott Hennig of the Canadian Taxpayers Federation said yesterday it's not appropriate for politicians to effectively act as an arm of government by "funding their own programs."

Hennig, the organization's national communications manager, said in an interview expense allowances should be used to set up and run constituency offices so members can act as the public's "conduit to government."

"In the other case, you are acting as the government creating a program ... that in most cases is not in place and perhaps for good reason," he said.

Hennig said the practice is more widespread across the country than it should be at all political levels.

He said politicians have created expectations among community groups that see members' donations through advertising and charities as a continuing source of funding.

ing source of funding.

Hennig wonders
whether it creates the impression that fundraising
is unnecessary.

"Either government or the groups themselves should be funding through other means," he said. "It's certainly simpler to ask a politician to cut you a cheque than to go out and do the hard work of selling tickets or raising funds ... and that's a problem."

Hennig added that he has no problem with politicians promoting their work through the distribu-

Expense recovery

 The Speaker of the Nova Scotia legislature says his office is in the process of notifying members how much they owe taxpayers for inappropriate and duplicate expenditures.

Charlie Parker said letters would be going out either later yesterday or today to eight members identified in the recent auditor general's



Charlie Parker

report as having spent constituency allowance money inappropriately.

A further

A further 28 members

will receive letters by the end of the week verifying details on money owed for duplicate payments they received.

Parker said the letters will either verify that a member has already paid up or will request that they do so.

He said that he knows of no instances so far where a member has objected to paying back any sum owed. He said he expects that all of the money owed will be collected by his office.

tion of Canadian or provincial flags or similar souvenirs.

"It's a bit more appropriate than something that has the member's name or picture or something they are going to have direct electoral benefit from," he

Hennig added that as the practice becomes "entrenched," an entitlement is created that becomes difficult to eliminate.

THE CANADIAN PRESS

Fishing captain slapped with fine over discrepancy in herring catch

COURT A fishing captain from Nova Scotia was fined \$30,000 yesterday for violating the terms of his herring licence.

Federal fishery officers boarded the boat of Patrick Wordlow Goreham of Oak Park and discovered a discrepancy.

The Department of Fisheries and Oceans says fishermen are required to report any discrepancy in the

weight of their catch on board their boat to what is actually off-loaded.

Supervisor Dan Fleck of the Fisheries Department says the fine imposed in Yarmouth Provincial Court sends a clear message about the importance of the herring stock, particularly for the lobster fishery as herring is a favourite food for lobsters.

THE CANADIAN PRESS

Rescued man critically hurt in home fire

CAPE BRETON A 73-year-old Cape Breton man was critically injured yesterday after being caught in his burning home in an early morning fire.

Cape Breton Regional Police say they responded to 36 Villa Nova Road in Dominion just before 2 a.m., and on arrival, officers could hear the smoke detector sounding and smell smoke coming from the residence.

The officers forced the locked door open and through heavy smoke noticed a foot of the man. They were able to pull him to safety on the rear step of the home and an officer, with the assistance of a neighbour, began CPR on the man until EHS arrived.

Members of the Dominion fire department extinguished the blaze and police secured the scene The cause of the fire is believed to be electrical in CAPE BRETON POST

Antigonish seeks reversal of library funding cut

PROVINCE The town of Antigonish is asking the provincial government to reconsider a decision to reduce library funding.

Antigonish council passed a motion Monday to send a letter to Ramona Jenney, the minister of Service Nova Scotia, asking her department to reverse the decision to stop paying the cost of Internet services in the province's libraries.

Mayor Carl Chisholm says the town also voiced its concerns to the minister in person last week.

Chisholm says the town had an informative and constructive meeting with Iennex on a range of THE CANADIAN PRESS

City's Games only year away

Shinny marks countdown to 2011 Canada Winter Games

MONIQUE MUISE monique.muise@metronews.ca

You couldn't have asked for a better day for a game of shinny.

The sun shone down and the mercury rose above the freezing mark as a handful of HRM councillors, Canada Games organizers and Halifax Mooseheads took to the pavement outside city hall yesterday for a street hockey tournament.

The event, organized to mark the beginning of a one-year countdown to the 2011 Canada Winter Games in Halifax, drew about 150 people to Grand Parade to watch the proceedings.

"What better time for an event like this than during the Olympics, when the spotlight is on our country's athletes," said Andrea Young, communications coordinator for the 2011 Canada Games. "When the torch goes out in Vancouver, the country will look to Halifax for the next generation of Olympic athletes."

After several rounds of play, "Team Crosby" eventu-ally triumphed — taking home the gold as about 150 cheered on from the side-

"It was a big team effort," joked Mooseheads rightwinger Travis Randell.



Halifax Mooseheads players play a game of street hockey along with some city councillors and other hockey fans in front of city hall yesterday. The game was part of a Nova Scotia Day

proudly displaying his card-board medal. "People were saying it was a controversial win, but I think there was good, honest hard work out there.

Randell, 19, is a former Canada Games athlete himself, and said he was happy

to volunteer for the event. "I played in 2007 in the Yukon and it was a great experience, so to come out and support a day like this

"We want the whole province to really embrace the spirit of sport."

Andrea Young, 2011 Canada Games

is great," the Newfoundland and Labrador forward said. Organizers recently

volunteers for the Canada Games, expected to be the largest sporting event in Halifax's history. Young said they are hoping to engage as many Nova Scotians as possible in the festivities.

paign to recruit up to 5,000

"The Games are in 2011, but long after that we want people to be getting active," she said. "We want the whole province to really embrace the spirit of sport."

Deep Panuke gas project faces delay

ENERGY The Deep Panuke natural gas project off Nova Scotia is going to be a few months late coming on line and likely won't be producing until the middle of 2011.

A spokeswoman for Calgary-based Encana Corp. says drilling work continues but a delay in construction of the production facility, being built in the Middle East, has thrown them off schedule.

Lori MacLean says unforeseen circumstances like weather also delayed the drilling program and the cost of the project has been pushed from an esti-mated \$760 million to \$800 million.

The drilling was expected to start last fall but they weren't able to get a rig in position until after Christmas.

The Rowan Gorilla III is currently working on a new disposal area for waste gases and will move on to four existing delineation wells to prepare them for production.

THE CANADIAN PRESS

Antigonish to help flood victims

DAMAGE Residents of a neighbourhood in Antigonish who say the area has been flooded 60 times since 1999 are being promised help by the Nova Scotia

Mayor Carl Chisholm says the town is ready to act on an engineering report to alleviate problems in the area, which includes Whidden Street, Centennial Drive and Archibald Court.

Residents have told council that damage from the floods has caused \$1.5 million in damages.

Chisholm says work in the neighbourhood will begin as soon as the weather co-operates

launched a massive cam-Public sector worried about pension cuts

FCONOMY On the eve of a critical meeting with Treasury Board president Stockwell Day, the head of one of Canada's largest public sector unions said yesterday he's worried the federal government is poised to take an axe to public sector pension plans.

John Gordon, president of the Public Service Alliance of Canada, was in Halifax yesterday to meet with union members and said various think-tanks includ-

Campaign

The 166,000-member Public Service Alliance of Canada union recently launched a campaign that includes a Facebook page, online petition, public rallies and the slogan: "Hands off our pensions."

ing the C.D. Howe Institute and the Canadian Federation of Independent Business have recently taken aim at public sector pensions, saying they are too rich for taxpayers.

With most private sector pensions taking a beating in recent years, the debate is heating up.

But Ottawa has said nothing as it prepares to deliver a budget March 4.

The uneasy silence has left public servants fretting about the future as the Conservatives search for wavs to reduce a massive deficit that is expected to swell to

\$56 billion this year.

"Silence sometimes gets our members worried," Gordon said in an interview.

Gordon is scheduled to meet with Day today.

Day couldn't be reached for comment, but his office released a statement yester-day that revealed little about his plans.

"As we work through this global economic downturn, our approach will be fair." THE CANADIAN PRESS

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Laugh to help the homeless

A comedy fundraiser for homelessness is taking place Thursday at 8:30 p.m. at Westin Nova Scotia. Titled Raising the Roof through Laughter, the event will feature Jeff McEnery, Derek Seguin and Kathleen McGee on the Yuk Yuk's stage. Tickets are \$12 for adults and \$10 for students. METRO HALIFAX

Fiddler's Olympic performance was top secret

VANCOUVER 2010 **Games**

CEREMONY Ashlev MacIsaac's kilt-clad, footperformance stomping during the opening ceremonies of the Olympic Games was so top secret that even his mother didn't know about it.

Carmelita MacIsaac, who lives in Port Hawkesbury. said her son couldn't tell anyone about his historic gig seen by billions of people worldwide last Friday.

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As someone who regular-watches trips to Vancouver. "What I know now is it

Ólympic opening ceremonies. MacIsaac said her son knew she'd be glued to televithe

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sion set and Ashley offered no MacIsaac hint of his involvement.

"I had a funny feeling because he was going out there a couple times," she said of her son's recent

AND

was for dress rehearsal."

The 34-year-old Cape Breton fiddler delivered a high-energy performance during the lavish show, which included Canadian aboriginal dancers, acrobats and performances by pop superstar Nelly Furtado and singer k.d. lang.

"His father and I were pretty excited. We must of got 300 phone calls, people were so proud of him representing Cape Breton, she said. **CAPE BRETON POST**

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day and runs until March 6.

Actors Lee J. Campbell, left, and Rhys Bevan-John rehearse a scene from Mesa at the Neptune Studio Theatre yesterday. Mesa, a story of two men on a road trip from Calgary to Arizona, opens Fri-

Mesa billed as quirky road-trip adventure

PHILIP CROUCHER
philip.croucher@metronews.ca

Most of us have been there, done that.

The open road, you and someone else driving for days, and a final destina-tion far from where you be-

Of course, there are highs and lows along the way, but trips like this are mostly memorable — and not soon forgotten.

"I feel people will recognize the characters and they're what going through," said Charlie Rhindress, director for Neptune Studio Theatre's new production Mesa, which opens Friday and is being described as a quirky road trip adventure. "Anyone who has been on a road trip of any length will understand.

The story was penned by Canadian playwright Doug

Details

 Mesa opens Friday and runs through March 6 at Neptune Studio Theatre. For tickets and show times, visit neptunetheatre.com.

Curtis and centres on Bud, played by Lee J. Campbell, going on a road trip with his grandson-in-law Paul, played by Rhys Bevan-John. The Nova Scotian actors are driving from Calgary to Bud's retirement trailer in Mesa, Arizona and the trip takes place over five days.

two-actor play is comedic in nature but also tries to be heartfelt, showing that while they are from different generations, these two men develop a need for each other as they share their experiences.

Eventually, they come to understand each other, Rhindress explained.

"They're really not that far

Rhindress, who is originally from Amherst, said the biggest challenge in putting together this play was the scenes involving the talking in the car, which take place as each actor sits on a folding lawn chair.

Rhindress said this talking is a big part of the play, and the intensity of that conversation is what he believes will keep the audience interested and entertained.

"It's most about building emotion," he said. "There is a lot of stuff going on emotionally."

With a cast made up of all Nova Scotians, along with most of the production team, Rhindress said there has been great chemistry in getting this play ready. He said he's looking forward to that continuing during the play's threeweek run.

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News in brief

BLAZE A trailer was destroyed by fire early yesterday morning in Salmon River. One man was asleep in the home at the time of the fire. "When he awoke the living room area was in flames." Salmon River fire chief Carl Shaw said. "He got out and has been transported to hospital for observation." Firefighters from Salmon River and Valley-Kemptown worked hard to keep the fire from spreading to nearby homes. The cause of the fire is under investigation.

POLITICS The province is changing it's the title of "assistant deputy minister" to "associate deputy minister" and announced four new appointments and three shuffles. Those already serving as deputy ministers but are now changing posts are Scott Logan to Intergovernmental Affairs, Greg Roach to Fisheries and Aquaculture and Liz Cody to associate deputy minister of Treasury Board. The four new appointed ministers are Frances Martin, Dave

Ryan, Jeff Conrad and Holly Fancy.

HST The president of the Amherst and Area Chamber of Commerce is urging the province to tread carefully before it considers increasing the HST by two per cent. While the province has yet to raise the HST. Finance Minister Graham Steele has been giving strong hints that could happen when he brings down his government's budget in the spring

METRO NEWS SERVICES

A judge has ruled that a man found guilty of terror offences as part of the so-called Toronto 18 was not entrapped. THE CANADIAN PRESS

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Fog shrouds the venue and heavy rain falls as spectators arrive for the women's snowboard cross competition at the 2010 Vancouver Olympic Winter Games at Cypress Mountain in West Vancouver, B.C., yesterday. The start of qualifying has been delayed by fog.

Worst Games ever?

Officials play down British media claims

VANCOUVER 2010 **Games**

Olympic officials are dismissing suggestions from British media that the Vancouver Olympics are among the worst Games in history.

Earlier this Britain's Guardian newspaper carried a story on its website with the headline: "Vancouver Games continue downhill slide from disaster to calamity.'

The Games opened on the same day that a Georgian luger was killed in a training accident while weather issues have forced delays and cancellations in Whistler and Cypress. Even ice resurfacers have

Cancellations

 Another day, another cancellation on Cypress Mountain. More Olympic standing room tickets for have been cancelled as rain continues to turn the troubled venue into a muddy mess. Olympic officials say refunds will be given to those holding standing room tickets for men's and ladies snowboard halfpipe for today and Thursday, for the ski cross on Feb. 21 and 23 and for the snowboard parallel giant slalom on Feb. 26

broken down at the Richmond speedskating oval.

Game officials were also forced to close the general admission section of the

snowboarding venue because wet weather rendered the area unsafe. There have also been transportation issues.

International Olympic Committee spokesman Mark Adams says he believes the Games have been very well organized, and a VANOC spokesman says they are dealing with cards they've been dealt.

Canadian Olympic Committee president Michael Chambers agrees that these are still great Games despite the problems.

Chambers says Vancouver residents and Canadians in general have embraced the Olympics and media critics are not experiencing the same Games as he is. THE CANADIAN PRESS

News in brief

POLL A new poll suggests Conservatives and Liberals are locked in a tug-of-war for voter support. The Canadian Press Harris-Decima survey gives the Tories a slight edge at 32 per cent to the Liberals' 30 per cent. The NDP was at 16 per THE CANADIAN PRESS

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Fake news pundit Stephen Colbert ar-rives in B.C. to take aim at Canadian "syrup-suckers." Scan this code for the story.

Flaherty reins in mortgaging rules

DEBT Finance Minister Jim Flahertv tightening is mortgage rules to crack down on speculators and discourage homeowners from taking on too much debt.

The minister said he is responding to growing concerns that Canada's housing market is overheating, although stresses there is no bubble in Canada's real-estate market - vet.

"There's no compelling

evidence of a housing bubble, but we're taking proactive, prudent, measured and cautious steps today to help prevent a hous-ing bubble," Flaherty said yesterday.

The finance minister says all borrowers will need to meet stiffer criteria to take out mortgages. The government will also limit the amount Canadians can borrow on their homes.

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Comment

Priceless hug washes away early woes



hat do you think of us so far? Are these Vancouver

Olympics worth the \$6-billion investment? Or is gold fever a fatal illness from which we will never recover?

Many think the Games were cursed before they even started, with the death of the young Olympian from Georgia.

The weather hasn't helped. This could be the warmest winter on record in a place where winter happens to people on the other side of the mountains.

Meanwhile, the world is watching. The British media seem particularly interested, maybe because they're next (ha ha!) — the BBC has sent more journalists than Olympians to Vancouver — and the whole gang appears to be suffering from an epi-

demic of rain-induced wedgies in its winter woolies.

The Guardian's golf correspondent, Lawrence Donegan, no doubt annoyed he was sent to Vancouver instead of California to cover the PGA Tour, should be awarded a gold medal for grumpiness. His latest piece is headlined: "Vancouver Games continue downhill slide from disaster to calamity."

What if we paid \$6 billion for the Olympics and all we got was a rude message from Lawrence Donegan?

Still, as the Games melt in the balmy temperatures,

VANCOUVER 2010**Games**

there's an upside to the weather. It's warmer than New Orleans during Mardi Gras! The world's media are knocking themselves out taking pictures of cherry blossoms and daffodils! Vancouver, your real-estate values are safe!

Maybe the new Canadian "Own the Podium" 'tude is freaking out the peanut gallery. NBC keeps talking about it ... with grudging admiration. It's the sort of thing Americans like to do

— and if you crash, so what? At least you tried. The U.K. (which despite its many scribes has no medals), seems affronted by this unseemly display of colonial uppityness.

But fear not. The Games have been saved by a sweet young kid named Alex Bilodeau. Alex won Canada's first gold medal in the mogul cross, which is skiing on speed bumps while hurtling down the side of a cliff. Looks like fun.

Alex is a francophone from Rosemère, Que., which has stopped the Other Solitude from bitching about the lack of a French presence at these Games. Most important, he's the nicest kid in the world, which makes that "Own the Podium" hubris seem like the hunting behaviour of a kitten: Ferocious but harmless.

You could argue that the picture of Alex giving brother Frederic, who has cerebral palsy, a victory hug, is not worth \$6 billion. And you'd be right. It's not. It's priceless.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.

Word on the street: What is your favourite Winter Olympic sport to watch?

Tawanda Gara Halifax

A: I don't have a favourite one per se, but I'm into ones that are like extreme sports.

Donna Safatli Timberlea

A: Figure skating.
I just like the movements. I usually watch

Dave Rodgers Halifax

A: Hockey. It's the only sport where I can name more than one athlete.

Angela Lees Ottawa

A: I like the moguls, because of the tricks they do off the ramp. And I like them more since we won gold.

Dimitri Jager Switzerland

A: Because I play hockey, I'll have to go with that. But I don't like the fighting here. In Switzerland, we don't fight

Holly Singer Calgary

A: Downhill skiing, because of the difficulty.





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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Iraq is the country most at risk from terrorist attacks for the second straight year, according to a ranking by global analysts Maplecroft, while Thailand has joined the nine countries most in danger for the first time. THE ASSOCIATED PRESS

World



Clinton: Iran nuke would trigger arms race

If Iran gets a nuclear weapon it could trigger a nuclear arms race in the Middle East, U.S. Secretary of State Hillary Clinton said yesterday. Clinton, speaking at a women's college in Saudi Arabia said that Iran's secret construction of a uranium enrichment facility was an

THE ASSOCIATED PRESS

U.S. units link up in Marjah battle

AFGHANISTAN U.S. Marines moving by land from the north linked up yesterday with American units that have faced nearly constant Taliban attack in the four days since they were dropped by helicopter into an insurgent stronghold in southern Afghanistan. U.S. artillery also fired nonlethal smoke rounds to disperse Taliban fighters in Marjah — the first time cannons have been used in the fight to drive the militants from their logistical and opium poppysmuggling base.

THE ASSOCIATED PRESS

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Cold didn't stop thousands fr ing the streets with booze and beads as New Orleans marked Mardi Gras. Scan this code for the story.

White House scores win with Taliban capture

Former U.S. vice-president Dick Cheney has been unrelenting in his criticism of the Obama administration's attempts to fight terror, accusing the White House once again recently of weaknesses that are leaving America vulnerable to another large-scale terror-

ist attack. And yet news emerging yesterday undoubtedly left Cheney and his congressional Republican supporters red-faced. Just two days after Cheney levelled his most recent assault, it was reported that the Taliban's top military commander was captured more than a week ago in a secret joint operation by Pakistani and U.S. intelligence forces. Afghanistan's Mullah Ab-

Bin Laden close?

 Mullah Abdul Ghani Baradar's capture has led some to speculate whether Osama hin Laden himself could be within reach more than eight years after the 9-11 mastermind famously escaped U.S. forces in the Afghan mountains at Tora Bora in December 2001.

dul Ghani Baradar is considered the most significant Taliban figure to be detained since the war in Afghanistan began in 2001. He is ranked second in importance only to Mullah Muhammad Omar, who founded the Taliban and was a close associate of Osama bin Laden's before 9-11. From a political perspective, the timing of Baradar's capture couldn't have been sweeter for the White sweeter for the White House, which has long been vexed by Cheney's barbs.

On Sunday, the former vice-president criticized the administration's policy of seeking out and killing key terrorists, saying such an approach means no intelligence can be extracted from them. Vice-President Joe Biden was dispatched by the White House to dispute Cheney during his own appearances on the Sunday morning talk-show circuit. Biden called his predecessor "factually, substantively wrong" in his criticisms.

"Dick Cheney's a fine fellow, but he is not entitled to rewrite history without it being challenged," Biden THE CANADIAN PRESS

Britain Pancake Tuesday



Child runners race their pancakes through the town of Olney, England, during a pancake race yesterday. Olney's famous race is run every Shrove Tuesday, dating back to 1445.

News in brie

BRITAIN A veteran British TV reporter claimed on the air yesterday that he had used a pillow years ago to smother a lover who was dying of AIDS, adding a startling contribution to the country's debate on mercy killing. Nottinghamshire Police said it would investigate

Ray Gosling's claim. Gosling, 70, told the BBC he smothered the man in his hospital bed to spare him pain, "He'd been my lover and he got AIDS," Gosling said. "He was in terrible pain ... I picked up the pillow and smothered him until he was THE ASSOCIATED PRESS dead."





L'Oreal shares fell yesterday after the cosmetics company reported an eight per cent drop in profit last year due to weaker demand amid the economic downturn. The Paris-based company said full-year profit was \$2.46 billion US, down from \$268 billion the year before. THE ASSOCIATED PRESS

DOLLAR GAS OIL TSX Business US 95.83¢ 11,586.37 US \$77.01 US \$**5.31** US 15.8¢ US 2.88¢ 116.56

Toyota problems continue

U.S. government demands key documents on recalls

The U.S. Transportation **Department demanded** documents related to Tovota's massive recalls in the United States yesterday to find out if the automaker acted swiftly enough.

Toyota, meanwhile, said it will idle production temporarily at Texas and Kentucky plants over concerns the recalls could lead to big stockpiles of unsold vehicles.

The legal documents demand that Toyota tell the government when and how the company learned of the safety defects in millions of vehicles over the entrapment of gas pedals by floor mats and sticky accelerators. The demand was delivered to Toyota yesterday and the company must respond within 30-to-60 days or face fines.

The intensifying government investigation of Tovota and production halts at its assembly plants represented another sign of the ripple effect the recall of 8.5 million vehicles has had on the world's number one automaker. Toyota faces separate probes by the Obama administration and Congress as it struggles to maintain its loyal customer base and its rep-utation for safety and qual-

Toyota said it was halting production temporarily in San Antonio, Texas, and Georgetown, Ky., to address concerns that too many unsold vehicles may be building up at dealer-ships because of the large recalls. THE ASSOCIATED PRESS

Tablet More iPad competition



The new N98 tablet computer by Nvidia was on show at the Mobile World congress in Barcelona, Spain, yesterday.

Transport drives manufacturing sales up

ECONOMY Manufacturing sales rose 1.6 per cent in December to \$43 billion, largely on the strength of sales in transportation equipment.

Statistics Canada reports it was the sixth increase in overall manufacturing sales in seven months and the highest level since December 2008.

The agency says aerospace products and parts, motor vehicles and petroleum and coal products also recorded significant

Constant-dollar manufacturing sales increased 2.1 per cent in December as sales advanced in 11 of the 21 manufacturing industries. THE CANADIAN PRESS

Timminco plans Iceland plant

EXPANSION Timminco Ltd. is looking to boost its silicon metal capacity with a new plant in Iceland operating on geo-thermal power, the Toronto-based company announced yesterday.

The new plant would have an annual production capacity of 50,000 tonnes of silicon metal, which would complement existing capacity at the Timminco plant in Becancour, Que. THE CANADIAN PRESS



Profits drop at L'Oreal

Texas governor disputes U.S. age ruling about the harmful effects of greenhouse gas emiss Scan this code for the story.

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metro

Huskies 10th in CIS ranking

The Saint Mary's Huskies are 10th in the latest Canadian Interuniversity Sport men's hockey ranking. The Huskies, who had a 16-8-4 record this season, open the playoffs tonight at 7 p.m. at the Forum against the Moncton Aigles Bleus. METRO HALIFAX

Sports



Brown pots 15 in Acadia win

Halifax's Alise Brown drained a team-high 15 points as the Acadia

EDITOR: DON.MCHOULL@METRONEWS.CA

Anthony can't shake struggles

QMJHL Steven Anthony can't buy a point lately. The Halifax native, an

18-year-old forward with the nationally-top-ranked Saint John Sea Dogs, is mired in a scoring slump, without a point in eight games and just eight points in his past 22 con-



his first 30 games. Anthony, drafted in the seventh

round (187th over-

all) by the Vancouver Canucks in the summer, is sixth in scoring for the Sea Dogs, who lead the QMJHL in goals.

'He's been working very hard for us the past couple of weeks and his game is coming back," said Sea Dogs head coach Gerard Gallant. "He's a good player for us who works hard, skates hard ... The numbers just haven't been there for him and he wants to get back on track. We're hoping he does,

MATTHEW WIJEST/ METRO HALIFAX

Sea Dogs not looking past Herd

Halifax may sit in last place, but Saint John aware of trouble they can bring

matthew.wuest@metronews.ca



The Saint John Sea Dogs have had little trouble steamrolling just about every team in the QMJHL this season. But the lastplace Halifax Mooseheads have proved to be a formidable foe for the Canadian Hockey League's No. 1 squad.

The Sea Dogs, who have lost just five times during a sensational 43-game run dates back mid-October, lost once to the Herd in that stretch and barely squeaked past them in two other contests that came down to the last minute.

They're back for more tonight at 7 p.m. at the Metro Centre.

"If our guys go in there thinking it's an easy game, they have another thing coming," said Sea Dogs head coach Gerard Gallant. "I think they know better than that. Halifax has given us a lot of trouble. You've got to be ready to



With Peter Delmas injured, Mooseheads goalie Mathieu Corbeil will continue to get starts.

with 31 points, are 12 points out of a playoff spot with just 11 games to go.

They appear destined for the worst finish in franchise history as they approach all-time lows of 17 wins and 44 points set back in 2003-04.

But the Sea Dogs have been impressed, especially lately.

"They're a team that puts pressure on you they're moving their feet, they're skating," Gallant

said. "They have a lot of young kids who are working hard and having fun. Their goaltending is very good and they play a good, solid game.

INJURY UPDATE With Peter Delmas nursm.metrenews.ca

ing a hip injury, Mathieu Corbeil is expected to continue to start in goal for the Mooseheads. Forwards Jessyko Bernard (abdominal strain) and Carl Gelinas (knee sprain) are expected to be out for the week.

Defenceman Pascal Amyot (shoulder/chest) is dayto-day and should play. No call-ups are expected.

AMYOT HONOURED

Amyot was named the Mooseheads' nominee for the Marcel Robert trophy as the QMJHL's scholastic player of the year. Five finalists will be announced by week's end.



SCOREBOARD

,	N	L	2/(, ,	
d-Saint John	46	9	1	93	
d-Drummondville	39	15	2	80	
d-Quebec	36	16	7	79	
d-Rouyn-Noranda	34	20	5	73	
Moncton	38	13	5	81	
Victoriaville	39	17	2	80	
Cape Breton	32	20	5	69	
P.E.I.	30	20	7	67	
Rimouski	29	22	6	64	
Shawinigan	28	23	7	63	
Gatineau	25	25	5	55	
Montreal	25	25	5	55	
Chicoutimi	22	25	8	52	
Val-d'Or	21	30	6	48	
Acadie-Bathurst	20	33	6	46	
Lewiston	20	34	3	43	
Baie-Comeau	16	37	4	36	
HALIFAX	13	39	5	31	

d - division leaders ranked in top-four positions regard-

WEDNESDAY Saint John at HALIFAX, 7 p.m. FRIDAY HALIFAX at Cape Breton, 7 p.m.

The Mooseheads, 13-39-5

League rules presenting roadblock for Rainmen's Norris

MATTHEW WUEST matthew.wuest@metronews.ca



The six-foot-three guard from Tantallon has been stuck on the practice roster with Lonnell Shuler-Iones all season, with neither seeing a minute of floor time in a game.

With this week's depar-

of guard Adris DeLeon, it theoretically opens up a spot for

Norris to be promoted to the active ros-

But that won't happen according to owner Andre Levingston, who says the Premier Basketball League's rules make Devin Norris it hard to slip Norris onto the floor for even one game.

Teams are allowed 10 transactions, and the Rainmen will have used five after DeLeon's official re-

"There's a transaction limit and we have to save those transactions," Levingston said.

Norris, who spent four years with the Dalhousie Tigers, warms up for home games and sits on

the bench, even though the rules don't permit him to see the floor.

Fans often chant his

name when the Rainmen have big late-game leads.

Levingston also said he is in no rush to replace DeLeon, who left Monday to join his national team in the Dominican Republic.

He said he doesn't plan to sign anyone before Saturday's home game Maryland against the Greenhawks.

"We're patient," Levingston said. "We're not just going to bring in anybody. We're bringing in someone who can make a

difference and we're going to take our time to find

The 25-year-old DeLeon was one of Halifax's best bench players, often coming in for starter Gary Ervin.

He was averaging 9.2 points and 13 minutes per game.



For more Rainmen coverage on Twitter follow: @metrorainmen



10 sports

The Portland Trail Blazers are picking up needed help on the interior, acquiring Marcus Camby from the Los Angeles Clippers in

exchange for guard Steve Blake and forward Travis Outlaw. The deal also includes cash going to the Clippers. THE ASSOCIATED PRESS

Sports in brief

NBA Denver Nuggets coach George Karl says he has been diagnosed with neck and throat cancer but was told it is treatable.

NFL Sebastian Janikowski and the Oakland Raiders agreed on a \$16-million US, four-year deal yesterday that is the richest contract for a kicker in NFL history. Janikowski will be guaranteed \$9 million in the deal, a person familiar with the contract said on condition of anonymity because the team has not announced the signing. THE ASSOCIATED PRESS

Rooney scores two to lead Man U past Milan

SOCCER Two headers from Wayne Rooney led Manchester United to a 3-2 victory at AC Milan, while Lyon beat Real Madrid 1-0 in the Champions League yesterday.

United rallied to win at the San Siro and spoil David Beckham's first-ever appearance against his old club after the former England captain — on loan to Milan from MLS' Los Angeles Galaxy — had provided the free kick that led to Mi-

lan's early goal in the first leg match.

United defender Patrice
Evra half cleared
Beckham's free
kick and the
ball came to
Ronaldinho
who scored
with a deflected
shot.

Paul Scholes tied it with a 36thminute miskick from Darren Fletcher's cross. The midfielder missed the ball with his right foot but it struck his left leg and took a bounce that surprised goal-

keeper Dida.

Veteran United goalkeeper Edwin van der Sar
had to make top quality
saves on Andrea Pirlo's
long free kick and Ronaldinho's curling drive before
Rooney struck twice.

He

headed "th David Beckham

home a cross by Antonio Valencia in the 66th minute and was left unmarked to powerfully head home Darren Fletcher's cross from the left in the 74th.

Facing United for the first time since moving to Real Madrid in 2003, Beckham was replaced by Clarence Seedorf after 71 minutes and left the field with United fans singing "there's only one David_______ Beckham."

THE ASSOCIATED PRESS

SCOREBOARD

NBA

YESTERDAY'S RESULTS

New Jersey 103 Charlotte 94 Miami 105 Philadelphia 78 Detroit 108 Minnesota 85 Chicago 118 New York 85 Phoenix 109 Memphis 95 Oklahoma City 99 Dallas 86 Utah 104 Houston 95 L.A. Clippers at Portland Boston at Sacramento Golden State at L.A. Lakers

TODAY'S GAME

Memphis at Toronto
San Antonio at Indiana
Detroit at Orlando
Minnesota at Washington
Miami at New Jersey
Chicago at New York
Houston at Milwaukee
Utah at New Orleans
Phoenix at Dallas
Sacramento at Golden State
Atlanta at L.A. Clippers



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Canadä

Time error costs biathlete

There was a crucial timing error yesterday for Swedish biathlete Anna Carin Olofsson-Zidek as timekeepers held her back 14 seconds longer than they should have at the start of the race. Olofsson-Zidek finished sixth. THE CANADIAN PRESS



ancouver Games

U.S. downs Switzerland

HOCKEY The youthful U.S. men's hockey team opened the Olympic tournament yesterday with a 3-1 win over Switzerland.

Bobby Ryan scored late in the first period, and David Backes and Ryan Malone added goals in the second to help the United States avoid a repeat of an opening-game letdown.

During the 2006 Turin Games, the Americans began with a 3-3 tie against Latvia and never challenged for a medal.

"Once I scored, I was able to settle down and come back into my own a little bit," Ryan said.

"You definitely don't want to come from behind early. To get the lead, I think it settled the game down quite a bit for us.

Ryan Miller, the Buffalo Sabres goalie considered the key to the U.S. chances to reach the medals podium, made 14 saves.

The Americans have their youngest collection of players since the NHL began supplying talent for the Winter Olympics in THE ASSOCIATED PRESS

VANCOUVER GAMES **MedalCount** Switzerland Germany U.S. Canada France 2 1 4 South Korea 2 1 0 0 0

Domination nation

Canada cruises to 8-0 over Norway win in opener

Team Canada delivered a crowd-pleasing perform-ance after stepping on to the biggest stage in international hockey.

Hometown hero Roberto Luongo stopped all 15 shots faced and Canada showed off a variety of offensive weapons yesterday, kicking off the long-awaited Olympic tournament with an 8-0 victory over Norway at Canada Hockey Place, better known as GM Place when the Olympics are not in town.

Jarome Iginla had a hat trick, Dany Heatley scored twice while Mike Richards, Ryan Getzlaf and Corey Perry each added singles for a young Canadian team that looked fairly composed after skating into the spotlight for the first time.

Iginla may have to wait for official recognition of his third goal, which was initially credited to Rick Nash. But the Calgary Flames captain confirmed after the game that it was his tip-in that beat the goalie. Games officials may review the play.

The anticipation had been building for Canadian hockey fans since the country crashed out of the Turin Olympics four years ago with a disastrous seventhplace finish, the worst-ever in history. It was worth the

"We've been looking forward to this for a long time and it's finally here," said

The Canadian team only had one practice together as a group and featured 15 players skating in their first ever Olympic game.

Iginla. "The crowd was awesome. It was actually more red and white than I thought it would be.'

Even though the roof didn't come off Canada Hockey Place, as Norwegian captain Tommy Jakobsen predicted it might, the crowd of 16,652 roared throughout the game and alternated between chants of "Go Canada Go!" and 'Let's Go Canada!"

The majority of fans showed up in Team Canada jerseys, painting the inside of the arena a patriotic red and white.

"There was much more electricity (than normal). This is big for Canada," said Luongo.

It was a marvellous platform for Canadian hockey - even though the Norwegians didn't play the part of willing victim early on. The underdogs showed plenty of pluck in the first period, clogging the neutral zone collapsing around goalie Pal Grotnes to keep

Canada from scoring.
"It was a great atmosphere," said Sidney Crosby. It's a lot of fun to be here in Canada and I thought we used it to our advantage.

THE CANADIAN PRESS



Canada's Chris Pronger celebrates last night after teammate Dany Heatley scored a goal in the second period against Norway during the Olympic men's hockey preliminary game.

TVHighlights

1 p.m.: Women's curling Japan vs. Canada (Sportsnet).

3 p.m.: Alpine skiingWomen's downhill gold medal (CTV).

4:30 p.m.: Cross-country skiing

Men's and women's individual sprint classic gold medals (Sportsnet).
6:30 p.m.: Women's

hockey Canada vs. Sweden

(TSN). 8 p.m.: Long-track

Men's 1,000m gold medal (CTV).

9 p.m.: Men's hockey

Sweden vs. Germany (TSN) 9 p.m.: Short-track

speedskating Including women's 500m gold medal (Sport-

snet). 10:15 p.m.: Luge Doubles gold medal

11:15 p.m.: Women's

hockey Slovakia vs. Switzerland (Sportsnet) 11:15 p.m.:

Snowboarding Men's halfpipe gold medal (CTV).

TIMES SUBJECT TO CHANGE.

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re extensive listings of



Quebec bid for 2022?

Quebec Premier Jean Charest told an Olympic news conference he'd like to see the 2022 Winter Olympics in Quebec City. The canadian press

Vancouver Games





Tristan Walker, top, and Justin Snith of Canada practise during a run of the men's doubles luge training in Whistler yesterday

News in brief

FIGURE SKATING Amid the grace and glamour and glitzy outfits of figure skating, the pure lung-busting, quad-burning athleticism of the sport often gets overlooked. Christy Krall, the American coach who has been quiding

Canada's Patrick Chan for the better part of a year in the voung skater's quest for Olympic glory, can recite the biomechanics of skating like the alphabet, "In the short program, Patrick's heart rate will reach what an Olympic 800metre runner reaches, and the long program is like running a mile," Krall said. "These guys are very fit." Chan, who skated in the short program last night at the Pacific Coliseum, won't do a quad in Vancouver.

THE CANADIAN PRESS

Ricker's gold

KRISTEN THOMPSON

The sun finally came out at Cypress Mountain yesterday — in more ways than one - when Whistler B.C.'s Maëlle Ricker nabbed a gold medal in women's snowboard cross, charging across the finish line under a bright blue sky.

It was a vastly different outcome from four years ago, when she barely missed the bronze medal in the 2006 Games.

"Coming home from Torino, I was already thinking about what I was going to do to perform today," a beaming Ricker said after her race. "(That) was a huge motivating factor to work that much (harder).

Ricker had a shaky start in the first qualifying race when she fell on the slushy run and came in 15th of 24 competitors, many of whom struggled to get down the hill in the thick fog.

But she plowed through her second qualifying run and from there seemed unstoppable, getting so far ahead of her competitors in the first heat of the finals that they weren't even in sight when she crossed the finish line.

"That first run was a disaster, but I went back up (and) refocused," said Rick-

By the last heat, the fog had lifted and Ricker flew across the finish line under blue skies and to the welcome of a roaring crowd.

She stopped for a moment to catch her breath, then threw her arms in the air to wind up the spectators, most of whom waved flags, toques and hands before breaking into an impromptu dance party.

Like Alexandre Bilodeau and Jenn Heil - both of whom have already taken home gold and silver re-- Ricker said spectively her medal was Canada's medal.

"I'm so thankful I was able to pull it off for every-



Maëlle Ricker holds up the her flowers on the winner's podium after capturing the gold in the women's snowboard cross final at at the Winter Games in Vancouver yesterday.

one," she said.

Canada's other hopeful 2006 bronze medallist Dominique Maltais and a medal contender in these Games - failed to make it into the top 16. France's Deborah Anthonioz took silver and Switzerland's Olivia Nobs wound up with the bronze.

WHERE WERE YOU WHEN canada won Gold?

Whether you were there in person or in spirit, your experience is what counts!



World media focuses on McKeever

WHISTLER The eyes of the world turned to Brian McKeever yesterday when the visually impaired cross-country skier from Calgary arrived at the Olympic

Eurosport. The New York Times. The Wall Street Iournal, Reuters and the Japanese daily Sankei Shimbun were among the international media that came to hear the story of a man who will make history as the first winter athlete to compete in both the Olympics and Paralympics.

McKeever, 30, will ski the 50-kilometre race on the final day of the 2010 Games at Whistler Olympic Park and possibly other events if a teammate becomes ill or

injured. In doing so, he will narrow the perceived gap between athletes with a disability, and those without. McKeever was diagnosed

with Stargardt's disease, an inherited macular degeneration, as a teenager. He has less than 10 per cent vision and what he does have is peripheral.

THE CANADIAN PRESS



Modular **Docking**

If you're looking for a versatile docking system, the EZ Dock system is for you. The modular designs and easy-to-use storage and launching components allow you to create the ideal dock for your needs and environment, whatever water system you're on. Plus, the EZ Dock can be reconfigured should your requirements change. Made of roto-molded polyethylene that offers strength, flexibility and slip-resistant surfaces, the beige-coloured docks are not only attractive to look at, but cooler to the touch than darkercoloured docks during the hot days of summer. And EZ Dock's patented one-piece, self-floating design is fast and easy to install. Simply choose the configuration that suits vour needs.

Alberta budget signals financial woes for provincial institutions

Following the Alberta government's budget announcement last week, post-secondary schools in the province are forecasting layoffs and salary constraints, and suspending plans for campus growth. METRO NEWS SERVICES



uLaval opens up in Mexico

Last Thursday, Université Laval launched an office at the Santa Fe campus of Mexico's Monterrey Institute of Technology and Higher Education, which will also open an office in Quebec at u.laval. With a long history of collaboration in Latin America, u.laval hopes its new physical presence in Mexico will foster student exchanges and the development of joint academic programs. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP@METRONEWS CA

Farming for the future?

Working the Wok

For the month of February, Metro's Workology section will be focusing on some delicious food-related careers. Check back every Wednesday for a new feature

JON TATTRIE for Metro Canada



Canadian farming is heading for a disaster as fewer and fewer farming children continue the family business.

"In the next ten years, about 80 per cent of the agricultural assets in the country are going to be transferred," says Christie Young, director of Ontario's Farm Start. "We're going to have a massive crisis in the agricultural sector because we don't have the infrastructure set up to get people into farming."

ple into farming."

Conversely, that means it's a great time to get into farming. Farm Start, a Guelph, Ont.,-based organization, helps people from non-farming backgrounds get into the industry. Some come with university degrees in agriculture and others are second-career farmers.

Farm Start begins with a four-day explorer course. "It's a time for people to think really critically about whether this is the right career for them and what it means to be a farmer," Young says.

People are drawn to the physical, meaningful work and are often passionate about raising livestock. They want to be their own boss and enjoy the diverse daily tasks.

"They have to be self-motivated," she says. "You can't just focus on one piece of the puzzle if you want to be a farmer. You have to think about your growing system as part of a bigger eco-system, your business model as part of a much bigger food system."



"Self-motivated" and "entrepreneurial" are good terms used to describe working in agriculture.

The best way to learn is to do, she says, so Farm Start helps organize farming internships and runs an incubator farm. Courses in business-planning, crop planning and soil-health management round out the training.

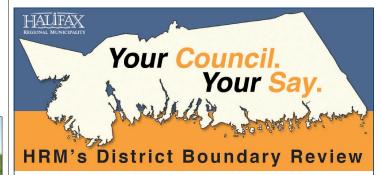
Norbert Kungl runs the organic vegetable farm Selwood Green on the shores of Nova Scotia's Minas Basin. He's from a farming area of central Germany, but his family did not farm. He studied agriculture before moving to Canada and working on a farm for four years. In 1987, he started his own farm.

"I'm an entrepreneurial person who needs to do his

own thing," he explains. He loves being his own boss on a large piece of land where he lives and works. He sells his produce at farmers' markets around Nova Scotia, including the Halifax Farmers' Market.

Like Young, he recommends non-farmers do an apprenticeship. "If you come from a farm, go out into the world and work on a variety of other farms or even other jobs to really know this is what you want to do," he says.

For more of the
Working the Wok
exclusive series check
Workology every
Wednesday or stop by:
metronews.ca/work



The Governance and District Boundary Committee of Council chaired by Mayor Peter Kelly is reviewing the polling districts and their boundaries in HRM prior to the 2012 Municipal Elections. **The Committee wants to hear from you.**

Public Meetings

Residents of HRM are invited and encouraged to attend any of the following scheduled public meetings. You will learn about the District Boundary Review process and the importance and value of your contribution.

Phase 1 Public Meetings will begin with an overview presentation followed by public participation. Discussion points will include:

- The role of Councillor as your representative
- The decision-making powers and the size of both Regional and Community Councils
- How Council can best work for you as citizens of HRM

When & Where

All meetings will start at 6:30 p.m. and will be held in conjunction with the regularly scheduled Community Council meetings. You can attend any meeting.

Date	Community Council	Location		
February 22, 2010	Western Region Community Council	Keshen Goodman Library 330 Lacewood Drive, Halifax		
February 24, 2010	Marine Drive Valley & Canal Community Council	Sheet Harbour Lions Club 183 Pool Road, Sheet Harbour		
February 25, 2010	North West Community Council	Sackville Heights Community Centre 45 Connolly Road, Sackville		
March 1, 2010	Chebucto Community Council	Halifax West High School 283 Thomas Raddall Drive, Halifax		
March 3, 2010	Peninsula Community Council	City Hall 1841 Argyle Street, Halifax		
March 4, 2010	Harbour East Community Council	Halifax Regional School Board Building <i>(back entrance)</i> 90 Alderney Drive, Dartmouth		
March 10, 2010	Marine Drive Valley & Canal Community Council	Lawrencetown Community Centre 3657 Hwy 207, Lawrencetown		

Unable to Attend a Meeting?

If you are unable to attend any of the scheduled meetings, you can still provide your feedback

Please visit us at www.halifax.ca/boundaryreview to view the presentation and then contact us by:







Municipal Clerk, City Hall, PO Box 1749, Halifax, NS B3J 3A5 14

In-car entertainment turned it up another wireless notch at the recent Chicago Auto Show when Volvo showed off "the industry's first Internet connected Rear Seat Entertainment System with Windows XP, WiFi and a 500G hard drive." METRO NEWS SERVICES

Metro Drive

Pets' best friends

Pet safety advocate group Bark Buckle UP has named the winners of its 2010 Pet Safe Choice Awards, which recognize pet-friendly and pet-safe vehicles. Top vehicles include the Dodge Journey, Ford Flex, Kia Soul, Honda Element, Smart, Subaru Outback and

Sorento joins CUV crowd

New platform behind improved handling, quiet ride

MICHAEL GOETZ for Metro Canada

Crossovers rule and SUVs drool.

That's not quite how the analysts describe the ongo-ing shift from truck-based car-based to crossovers, but close.

As such, we're used to seeing CUVs (crossover utility vehicles) torment their SUV classmates in the saleschart playground. But now we're even seeing iconic SUV nameplates "crossing over.

The highest profile defector is the upcoming all-new Ford Explorer, which joins the CUV crowd after spending all its life up until now as a truck. But beating it to the punch is the 2011 Kia Sorento.

The nameplate was first introduced in 2002 as a straight-up SUV. Now that Kia is owned by Hyundai, and now that old-school SU-Vs are, well, old school, the Sorento has migrated over to the platform that also undernins the Hyundai Santa Fe crossover and the Sonata

So if you're familiar with the 2010 Santa Fe, you'll be relatively up to speed on the 2011 Sorento.

The 2011 Kia Sorento is built

on the same platform as

the Hyundai Santa Fe

and Sonata.

Judging by our first fling with the Sorento on the highways and by-ways around West Point, Ga., where the Sorento is being built at Kia's first U.S. plant, it's a tough call on which Sorento you should get both the entry-level fourcylinder vehicle and the higher-rent six-cylinder vehicles have something to

The base model (LX) with

175-hp 2.4 litre I4, manual transmission and FWD is just \$23,995. At that price it competes with the "smaller half" of the compact segment, but it offers up the interior volume (4,035 L) of the "larger

Note also that all Canadian models come standard with these all-weather tools: heated seats, A/C, wind-shield wiper de-icer, and power heated outside mirrors. All trim lines also feature six air bags, ABS, ESC, Electronic Brake Distribution, Hill Start Assist Control, and Downhill Brake Control. The V6 is exclusively mat-

ed to automatics, starting at \$29,095. The EX range begins with the FWD V6 at \$31,795, and tops out with the seven-seat AWD Luxury trim model at \$39,195.

Drivers will be pleasantly surprised at the fine handling and quiet ride of all Sorento models — and the main reason why Sorento is way better off on this lighter "car platform," with fully independent suspen-



Inside, the 2011 Kia Sorento may not have a "wow" factor but there are plenty of functional options.

2011 **Kia Sorento**

Type: Compact crossover Price: \$23,995-\$39,195 Engine: 14, DOHC 2.4L/V6, DOHC 3.5L HP: 175@6,000/276@6,300

Highlights

- Built in the U.S. • Over 15 models, including seven-seater
- Impressive V6 powertrain

sion. The least expensive seven-seat model is the FWD V6 LX at \$30,295.

Buick Regal to be built in Canada

PRODUCTION Canada may not have any major main-stream auto companies of its own, but we certainly know a thing or two about building vehicles.

Five automakers based outside of Canada Chrysler, Ford, General Motors, Honda and Toyota — have plants in Canada, and GM announced at 2010 Canadian International Auto Show in Toronto that its facility in Oshawa, Ont. will produce the upcoming Buick Regal for the U.S. and Canada.

"Regal will bring a midsize sport sedan to the Oshawa car plant in the fourth quarter of this year," says Tony LaRocca, communications manager for GM Canada.

The Regal is a version of the Opel Insignia, which was named the 2009 European Car of the Year.

It will initially come in premium CXL trim, starting at \$32,990 for a 2.4litre four-cylinder engine, and \$35,990 for a tur-bocharged 2.0-litre version producing an estimated 220 horsepower — the performance of a V6, GM

JIL MCINTOSH/



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16

According to a recent TD retirement savings poll, 52 per cent of working Canadians under 65 are scared they haven't saved enough money for a comfortable retirement. METRO NEWS SERVICES

RRSP Guide



Don't forget

The deadline for making contributions to your Registered Retirement Savings Plan (RRSP) for the 2009 tax year is March 1, 2010. That means you only have 12 days left!

Did vou know?

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Save with spousal RRSPs

Spousal RRSPs can be a powerful tool for couples to generate more money during retirement while paying lower income tax.

While it may sound complicated, a spousal RRSP is simply an RRSP for which you use some or all of your RRSP contribution room to benefit your spouse.

David Ablett, director of tax and retirement plan-ning at Investors Group, says ultimately the spousal RRSP is a great tool for cou-

Next week's lineup

LAST-MINUTE TIPS For advice on investing before the deadline and planning ahead for next year, pick up Metro's next RRSP Guide on Feb. 24.

garner the benefits of income-splitting if one of them earns a significantly higher income than the other.

"It's a way to equalize the retirement income for the couple and generate more retirement income in the hands of the lowerincome spouse," Ablett said.

The way it works is simple: The lower-income earner opens an RRSP in his or her own name, but with their spouse as contributor. That spouse can then contribute to that spousal RRSP up to a limit based on their own, much higher income, rather than the first spouse's low-er income. That means more money put away for the lower-income spouse and tax savings for the higher-income spouse, a

doubly beneficial arrange

If the higher-income earner's marginal tax rate was 40 per cent, for in-stance, he or she could initially save \$4,000 by contributing \$10,000 into a spousal RRSP. Plus, if the eventual payout is put at an even lower marginal tax rate, the couple could benefit from an even higher tax deduction and thus save even more money.

Bottom line: A spousal RRSP can reduce a couple's tax bill by shifting money lower-income the spouse for a lower tax rate, while potentially helping to maintain Old Age Security benefits by keeping each partner's retirement income low enough to avoid clawbacks.

The total RRSP contribution space of the higher-income earner still applies to "It's a way to equalize the retirement income for the couple." David Ablett

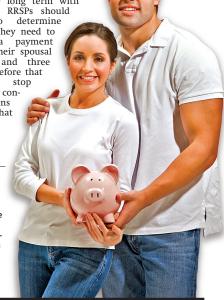
all contributions he or she makes into either their own or their partner's spousal RRSP. Even though you can't go over your natural contribution totals, the result is still a more efficient use of money.

However, there is a government-imposed restriction to be aware of, Ablett says. Any money the lowerincome holder of the RRSP withdraws from the spousal RRSP within the first three years stays tax-able in the hands of the contributor meaning the couple gains no benefit from the spousal RRSP arrangement.

"People who are saving

for the long term with spousal RRSPs should when they need to take a payment from their spousal RRSP, and three years before that time. stop making contributions into that spousal RRSP," Ablett said.

Spousal RRSPs allow you to use some or all of vour contribution room to benefit your spouse



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Tips for the RRSP season

Review your financial **plan.** Your financial plan should be reviewed at least once a year to make sure you're still on track to meet your investment and lifestyle objectives. Meeting with an adviser will help ensure you're in the best position to meet your goals.

Borrow to invest. If you've accumulated RRSP contribution room over the years (this is unused RRSP contribution room carried forward from previous years), and you'd like to catch up on these unused contributions, consider borrowing money through a low-rate line of

credit - investors can check their Notice of Assessment from the Canada Revenue Agency every year to see how much contribution room they have available.

Contribute to a spousal RRSP. A spousal RRSP is an account into which one spouse makes contributions to the other spouse's RRSP who is in a lower tax bracket than the owner of the account. Typically, the higher-income spouse will contribute to a spousal RRSP and receive a tax deduction at a high marginal tax rate. Then, in retirement or earlier, when the other spouse withdraws that

money, it will generally be taxed at a lower tax rate. When used correctly, spousal RRSPs can be an effective tool in planning for a couple's re-

Invest on a regular basis. Get off to a good start for 2010 by having your money automatically transferred from your bank account to an RRSP or savings fund on a regular basis. It's the easiest, most convenient and disciplined way to reach your goals. By doing this, investors can benefit from dollar cost averaging by purchasing equities or mutual funds throughout the year. TORSTAR NEWS SERVICE

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your retirement is a great idea, but using a spousal or group plan may give you even more bang for vour buck.

The trick is knowing the rules for these types of Registered Retirement Savings Plans, and the pros and cons of each.

"Registered Retirement Savings Plans are one of the best retirement savings opportunities that exist for Canadians," said David Irwin of Investors Group Financial Services. "The choice of what type of RRSP to use usually comes down to an individual's circumstances, their knowledge and comfort level, and their focus on big-picture planning."

By using an RRSP, investors can put off paying income tax on the interest, dividends, and capital gains they earn on their investments. Instead, you'll pay tax on the income you withdraw upon retirement, when presumably, you will be in a lower income tax bracket.

and there-

fore,

pay

tax. How much you can contribute is tied to much earn, typically up to about 18 per cent of your earned income minus any pension adjustment. The maximum allowable contribution for 2009 is \$21,000.

A spousal RRSP may be a good option if one spouse will be earning substantially more than the other during their golden years.

Here's a simple example: John and Judy are married. John stays at home while Judy works at a high-pay-ing job. Since John isn't working, he's not generating income or RRSP contribution room; he doesn't have much of his own savings; and he's not paying into the Canada Pension Plan, while Judy is doing all of the above. She has \$20,000 of RRSP contribution room and plans to put aside that much this year.

She has some choices to make: \$20,000 in her own RRSP, to a spousal RRSP for lack, or a combination of the two, as long as her contribution doesn't exceed that amount.

If Judy puts \$10,000 into her own plan and \$10,000 into a spousal plan for Jack, she can take a full \$20.000 deduction on her income taxes.

That money now belongs to Jack.

"It's now his money and upon retirement, the theory is that he will be in a lower marginal rate than what Judy would be," Irwin said.

In Canada, spouses can be married, common-law, or same-sex partners, he added. "The main philosophy behind the spousal plan is to provide incomesplitting opportunities down the road to lower their tax bill."

A spousal plan is also a good option when one spouse is much older than the other. That's because vou can make contributions to your RRSP until the end of the year in which you turn 71; but you can keeping paying into a spousal plan until the end of the year when your younger spouse turns 71. That adds up to continued income tax deductions for vou, and more retirement savings for your younger husband or wife.

drawn from a spousal RRSP within three vears when it was contributed, the spouse who made the contribution will be hit with a tax

Keep in mind that

money

with-

If a separation agreement is in place, the taxes would be paid by the person who redeemed the money, and would not be attributed back to the contributor.

Any early withdrawals from an RRSP are subject to a heavy tax bill, except if the money is pulled out to buy a first home or go back to school.

Spousal plans can be useful here, too: Under the Home Buyers Plan, each spouse can take \$25,000 from their RRSP.

"If I had \$50,000 of RRSP room and I put the full amount into my own RRSP, I can only take out \$25,000 under the program," Irwin said. "But if I put \$25,000 into my own and \$25,000 into the spousal plan, my spouse and I can each take \$25,000. By using the spousal RRSP, we've doubled the amounts that can be withdrawn under the Home Buyers Plan."

The same principle applies to the Lifelong Learn-

ing Plan. Many employers have optional group RRSP plans that allow employees to make contributions directly from their paycheque. Some may match contributions or pitch in percentage to beef up their workers' retirement fund. Those "offpayroll" contributions are a big advantage, Irwin said.

Most people get federal and provincial taxes auto-

matically taken off each paycheque, save up their money, and make a big contribution once a year. They typically receive an income tax refund, and that's exactly what it is: Be-

cause you made a contribution, you don't owe as much in tax, and so Canada Revenue Agency gives back some of the money you were sending in all year TORSTAR NEWS SERVICE





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By the numbers

According to a recent TD retirement savings poll, 53 per cent of those who contribute to an RRSP contribute through a fixed monthly deposit; 29 per cent make one lump sum payment a year; and 18 per cent use a combination of the two. METRO NEWS SERVICES

Cash in your spouse's hands

JON TATTRIE

Spousal RRSPs are a practical means of income-splitting for couples, especially when one earns more than the other.

It allows the higher-income earner to defer taxes right away and reduces taxes in retirement. For those reasons, many experts recommend taking advantage of spousal RRSPs right away.

"Income splitting is just a way to reduce the family's overall tax bill by shifting the income from the higher-income earner to the lower-income earner, so that the same amount is taxed at the lower rate," explained Dana Scott of Dana Scott Wealth Management in Halifax.

She added the caveat that the contributed funds must be retained in the spousal RRSP for at least three years to avoid taxation at the higher income level.

In retirement, the couple can take income from two RRSPs, instead of just



The spousal RRSP makes sense for those who retire before the age of 65 and want to split income at that point, experts say.

one, lowering the overall tax bill. Rules on incomesplitting introduced by the federal government in 2007 took away some of the advantages of spousal RRSPs, but Scott says they still serve a function.

"The spousal RRSP still makes sense, in my view, for those who retire prior to 65 and want to split income at that point," she said. Income-splitting rules aren't as generous as

spousal RRSPs because they have a 50 per cent limit. With a spousal RRSP, you can put all of that income into your spouse's hands, she said.

Common-law or married couples are eligible for the spousal RRSPs, but they don't increase the yearly RRSP limit.

Scott says spousal RRSPs are also useful if the higher earner is going to receive government benefits

"If one spouse did not have a pension, I'd recommend using spousal RRSPs for sure."

Alf Staniforth

sooner because they're older or if they have other sources of income.

Then, it's important to put as much income as you can into your spouse's hands.

Alf Staniforth, a senior financial adviser with Assante Wealth Management in Ottawa, said he advises clients to consider spousal RRSPs at any age. It can have particular advantages as you approach retirement.

"If a spouse is younger and the (older) individual turns 71, they still can still make RRSP contributions as a spousal RRSP because the spouse is younger and hasn't reached the cut-off point yet," he explained.

"If one spouse did not have a pension, I'd recommend using spousal RRSPs for sure," he added.

The ins and outs of spousal RRSPs

Metro presents a few frequently asked questions and answers, compiled with the help of David Ablett, director of tax and retirement planning at Investors Group:

• What is a spousal RRSP? It's an RRSP opened in your name to which your spouse contributes to.

• Why use a spousal RRSP? It's a way for a couple with one higher-income-earning spouse to save taxes and equalize retirement income by letting the higher earner contribute money into the lower-income spouse's RRSP

• Which spouse officially owns the money inside the spousal RRSP?

where it will be taxed at a

lower rate come retirement.

The spouse who actually holds the spousal RRSP.

How much can I contribute into my partner's RRSP?

You can contribute to a spousal RRSP money up to your normal RRSP contribution limit. If your income is significantly higher than your spouse's, this could mean significantly more tax efficien-

cies than if you had put all the money into your own RRSP.

 Who receives the tax receipt for contributions made by a spouse into their partner's spousal RRSP?

The spouse who contributed the money.

What happens if the owner of the spousal RRSP withdraws money from it?

Any money contributed by the higher-income spouse within the past three years gets taxed at that higher-income earner's tax rate. After three years, any money withdrawn gets taxed at the RRSP owner's tax rate.

What happens if the holder of the spousal RRSP dies?
 A spousal RRSP allows the contributing spouse to make one final contribution in the

year of death.

What if one spouse is older than the other?

Normally, individuals can't contribute to RRSPs after age 71, yet spousal RRSPs allow spouses to contribute until the holder of that spousal RRSP reaches the age of 71.

- RAFAEL BRUSILOW /FOR METRO CANADA

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Trekking off the beaten path

Ziplining, horseback tours and nature adventures await in Florida

On a recent, chilly evening, I looked up and saw more stars than I ever had in the Florida sky. I was 14 metres above the ground and my heart was racing.

Then, I stepped off my platform into an inky abyss. I could barely see the glimmer of a swamp below.

Attached to a harness and a cable, I flew through the forest to the next platform. The hum of the zipline and the occasional night bird were the only sounds in my ears.

This was no Central Florida theme park ride it was a starlight zipline tour on a ranch south of Orlando. For a weekend, I trekked around the area in search of a wild Florida,



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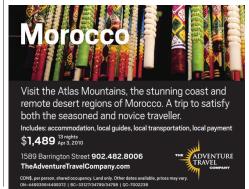
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20

Madonna looking at new fashion line

Madonna is in talks to launch a women's clothing line to be sold at Macy's, sources tell Women's Wear Daily. The line would include apparel, accessories, lingerie, and shoes — the underwear portion possibly to be named Truth or Dare. EW.COM

Entertainment



to her first children's book, Presenting...Tallulah, the tale of a spunky little girl.

Thrilling recreation

Martin Scorsese chats with Metro about Shutter Island

Friday

PHIL BROWN for Metro Canada

Few filmmakers have reached the iconic status of Martin Scorsese. With a back catalogue filled with classic titles like Taxi Driv-er, Raging Bull, and Goodfellas, his place as one of the greats in cinema history is assured.

These days the director has little left to accomplish, but can't stop making movies because of his undying passion for the medium. An obsessive cinephile, Scorsese continues to be inspired by films of the past and seeks out opportunities to make projects equal to those that enthrall him as a viewer. His latest film is Shutter Island, an attempt to recreate one of the Hollywood thrillers of his youth Although Scorsese

had previously undertaken some-thing similar in **Shutter** 1991 with Cape Island opens Fear, the director told Metro that he wasn't sure how Shutter Island would turn out.

"I like to say that I didn't quite know what it would be and gave myself over to the material along with the actors," he said. "It was a process of discovery throughout. That doesn't mean that I didn't know

that it was going to be a process of discovery, I just didn't know how much there would be and there turned out to be a great deal.

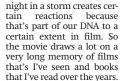
Though somewhat uneasy with the material, Scorsese did know from the beginning where his movie fit in with the history of film and how he would honour his narrative forbearers.

"I think the trappings of the story and the nature of the situation automatically bring certain films to my mind and certain images that go back several hundred years," said Scorsese.

"A shot of a mansion at

"I like to say that I didn't quite know what (Shutter Island) would be and gave myself over to the material along with the actors."

Martin Scorsese



"The issue was to have them work for our story



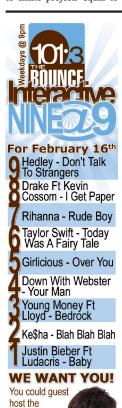
and our characters, but at the same time refer to other material from the past. In other words, the more you see of the past the more you can draw up that to make the present and the future."

When asked what specific influences he drew upon for his tale of a detective unraveling a dark mystery in a foreboding mental institution, the director pointed to a few specific genre filmmakers he valued above all others.

"Well Mario Bava and his use of very powerful colours. I always loved the thriller/horror films that he made in the late '50s early '60s like Black Sunday and Black

Sabbath and I keep referrevealed ring to them, Scorsese. "But Val Lewton and Jacques Tourneur's movies like Cat People are really the key films. They are beautiful works of poetry that I look at repeatedly. They are like pieces of music. I keep watching them and its kind of new every time. I can't reach that level of Tourneur though. He was remarkable."

Scorsese might be too modest to admit that he's an equal to the filmmakers that inspire him, but audiences need to only watch a few minutes of his extraordinary work to see that he is one of the true masters of cinema.

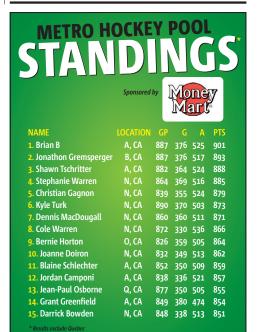


Interactive

NINE@9

with Kid Craig.









entertainment 21

The Hunter seeks the Golden Bear

An Iranian movie, made against the backdrop of last year's election campaign and centering on a man whose wife is killed in a shootout between police and demonstrators, made its debut yesterday at the Berlin film festival.

Director Rafi Pitts said he received authorization to make The Hunter from Iranian authorities and shot it before the violence that followed President Mahmoud Ahmadinejad's disputed re-election last June.

Pitts, who grew up in Tehran but has lived in Britain and France since, said he had "no idea"



Iranian Rafi Pitts both directs and stars in film The Hunter.

when the film might be shown in Iran.

"I don't think it's a onesided film, so I think it has the right to be shown," he said at a news conference. "The question is, will they give me the right?" and young daughter, but they are accidentally killed in a shootout. Pitts' character, Ali, randomly shoots dead two policemen on a city highway, after a long and frustrating wait for information, and flees before being nabbed by two officers who argue about what to do with their captive. Pitts insisted that the film depicts a "Kafkaesque situation (that) relates to many countries, it's a universal theme."

The Hunter is one of 20 films competing for the festival's top Golden Bear prize, which will be awarded Saturday.

THE ASSOCIATED PRESS

Robertson is not fading into the sunset anytime soon

NEWSCASTER Lloy Robertson says he's not stepping away from the anchor desk any time soon.

The veteran CTV newsman appeared on a Vancouver talk radio show Tuesday to dispel online rumours that he is finding it taxing to cover the Olympics and will retire once they are done.

Robertson, often referred to as "Canada's most trusted news anchor," said the rumours were a "fascinating work of fiction, really fascinating." "I don't know where this

The film's main charac-

ter, played by the director, is released from prison

amid talk of upcoming

supreme leader, Ayatollah

Ali Khamene. He tries to

spend time with his wife

and

Iran's

elections

"I don't know where this comes from, but the premise is that I'm tired, I'm worn out," Robertson said on CKNW's The Bill Good Show.

According to the rumours, the 76-year-old plans to tell top brass at the beginning of next month

that he will step down.

"Do I look like I'm wasting away?" Robertson asked Good while chuckling over the story. "Do I look tired?"

The rumours began with a blog post by Howard Bernstein, a former TV producer who has worked for CBC, CTV and Global.

THE CANADIAN PRESS

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22 entertainment



Chynna Phillips has entered a rehab facility for anxiety, tyguide.com reports. "With the full support of her family and friends, she is looking forward to her recovery," said her publicist, Lizzie Grubman, who didn't disclose the location. METRO NEWS SERVICES

Celebrity Buzz

First comes love, then comes babies

THEN COMES MARRIAGE IN A BABAY CARRIAGE ... NO WAIT. THAT'S NOT HOW IT GOES After three years together and two babies, Nichole Richie and Joel Madden are reportedly set to make it official.

Richie taped an appear-

ance on The Late Show with David Letterman on Monday that will air Friday, and while there she announced reportedly her engagement to Madden, according to E!

METRO WORLD NEWS





Please join Finance Minister Graham Steele for a dialogue on getting our province's finances back to balance.

Wednesday, February 17, 2010 1-3 pm

Lion's Club 183 Pool Street Sheet Harbour, NS

Wednesday, February 17, 2010 7-9 pm

Roval Canadian Legion 45 Sackville Cross Street Lower Sackville, NS

To sign up for the session, visit www.gov.ns.ca/finance or call 1-800-670-4357



Will he? Won't he?

JOIN THE ENGAGEMENT GOS-SIP DANCE. APPARENTLY, HE won't Word is Leonardo DiCaprio may have popped the question to on-again-

off-again girlfriend Bar Refaeli, as the Is-raeli model flashed a shiny gold ring on her engagement ring finger at a charity dinner at the Berlinale film festival with

Caprio and his mother, according to the Daily Mail. The pair had split up last year, reportedly because

DiCaprio wasn't ready to settle down, but appeared to have rekindled their romance last month.

But, a source close to Di-Caprio, 35, tells us-magazine.com that German reports that he proposed on Valentine's Day are "not are true."

WORLD NEWS

She must be so unhappy

BECAUSE NO WOMAN COULD FEEL FULFILLED WITHOUT A BALDING HUSBAND AND GAG-GLE OF UNGRATEFUL KIDS Kim Cattrall has no regrets about ending up single and childless at 53, femalefirst.co.uk reports. The actress has been married three times, with her last divorce in 2004 after a sixyear union with audio designer Mark Levinson.

Her last relationship, with chef Alan Wyse, came to an end last year and Cattrall blamed her romance woes on her

heavy workload. But the star is adamant she's learned to love life as a single lady - even though she's missed out on starting a family.

She tells Britain's Evening Standard newspaper, "I don't regret (not having children). It's fine, it really

METRO NEWS SERVICES

Hating her pin-up body

BOO FRICKIN' HOO Transformers beauty and new Armani lingerie model Megan Fox isn't so fond of her looks, it turns out,

complaining to W magazine that she looks too much like 1940s pin-up model.

"There are some women you could put in underwear and photograph them, and it looks really classy and it doesn't necessarily provoke a pin-up image," she says.

"But with me, it does,

immediately. As soon as I'm in underwear, I'm a Vargas girl." All this self-criticism stems from having no con-

fidence, she insists. "Because of that, I'm always second-guessing

myself.' METRO WORLD NEWS

The saying is

Former New York Fashion Week fixture Lindsay Lohan is apparently not welcome around the run-

ing to Gatecrasher. Designer Jill Stuart has reportedly banned Lohan

"A lot of designers, and

especially Jill's camp, don't think she's worth all the press she'd get their show," the source says.

that Lohan has been banned.

Kickstarts and kibble

HOLA, GUAPAS — ¿USTEDES QUIEREN TOCAR MI PERRO? Ewan McGregor wants to

take his dog on a motorbike trip across South America, femalefirst.co.uk reports.

The British actor — who has previously taken a biking adventure across the world with fellow enthusiast Charley Boorman for documentary series Long Way Round — has been preparing his pet to go out on the road with him.

"I might go on my own. I've got a dog, Sid," he says. 'I've trained him to ride



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96.5 FM

'sitting pretty'

ways these days, as some industry insiders insist the troubled actress isn't worth the hassle, accord-

from her show, sources

Stuart's camp denies



Follow these celebrities on Twitter... Celeb**Tweets**

Anxiety, huh?

DIABLO CODY is rethinking her TV viewing choices, **KEVIN SMITH** may give up fighting Southwest about his weight, and AMANDA BYNES tries to work through her fears. @diablocody I feel like I should be watching that show with Mark Harmon and the goth scientist chick.

@ThatKevinSmith In a current CNN.com home page poll, 58% of responders are on @Southwest-Air's side! Guess it's time I shut up about it. @amandabynes i have to go to the market but i DO NOT want to go ALONE grrrr! i have to grow up and GO alone! i will NOT be KIDNAPPED!

METRO WORLD NEWS

etalk's Lainey Lui dishes out celeb dirt in three's



PATRICK CHAN. He is the brightest star in the Canadian men's figure skating program, the youngest to ever capture the national title, and tonight in Vancouver Patrick Chan will perform his free skate in front of a frenzied home audience that will include a large contingent of screaming teens cheering on their idol. The appealing Chan, just 19, has distinguished himself from his competitors by focusing on artistic interpretation and dizzving footwork rather than on the jumps and leaps that preoccupy other less creative skaters. Here are three things you might not know about Patrick Chan:

ONE Most athletes obsessively observe game day rituals. Chan always ties his right boot before his left. TWO He is a football fan. But

he prefers the American game to the Canadian one and his favourite team is the Indianapolis Colts.

THREE Chan is currently featured in the Harry Rosen Spring 2010 ad, giving up the

seauins and skates in favour of a smart Hugo Boss suit and dress shoes.

Lainey Lui is a reporter for etalk and runs the popular gossip site, LaineyGossip.com. As part of CTV's Olympic Broadcast Team, Lainey is on the ground in Whistler reporting from the Vancouver 2010
Olympic Winter Games.

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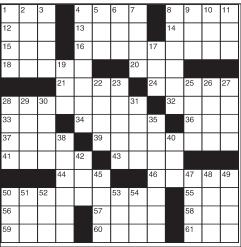




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For more delicious Metro recipes, visit: metronews.ca/food



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			8	3			
	4					7	
9	3	2			4	1	8
		8	3	7	2		
7							5
		4	2	9	8		
6	7	3			1	8	2
	8					5	
			1	6			

1 Burst 4 Old fogy 8 Gets on in years 12 Latin 101 word 13 Always 14 Hobbling 15 Zero 16 It might not

indicate true worth 18 Seat at the bar 20 Rowing tool 21 Unpaid

amount 24 Eccentric 28 King, queen or iack 32 "

Breckinridge" 33 Wood-shaping tool 34 Cornered 36 Brooch 37 Use a rotary

phone 39 Friendster alternative 41 Scatter 43 Medicinal amount

44 Petrol

46 Lure 50 Means of maintaining dignity 55 Verily

56 In due time 57 Infamous lyre player

58 Recipe meas. 59 Peel

60 Remain 61 Weeding tool

1 Skillets 2 Leave out 3 Horseback

sport 4 Ricochet 5 Eggs

6 Calendar abbr. 7 Sandwich cook-

8 Old-style call to arms 9 Cowboy's

sweetie 10 Ostrich's cousin 11 Witness

17 Moving truck 19 Praiseful

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

5 6

3 6 4 8 5

9 6 3 5 8

THE CRITICS HAVE NOT BEEN KIND TO HIM

8 4

6

4 5 8 9 6 3 2

6 3 2

8 9 7 5 2 3

5 1 poem 22 John Candy's role in "Spaceballs" 23 Tire pattern 25 Glitch in print

26 Threesome

27 Pull hard

28 Crazes 29 Mine entrance

30 Despot 31 Erte's art style 35 Ruin

38 Table with a map

40 Spelling contest

42 Existed 45 Without

47 Tale of the gods 48 Mexican mon-

ev 49 Recording

50 Distant 51 Singer DiFran-

52 Opposed to 53 Animal doc 54 Mound stat

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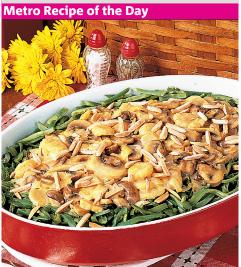
6 1 3

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Take Five



Mushroom Green Bean Casserole

INGREDIENTS

1 lb (500 g) fresh mushrooms, sliced 1 large onion, chopped 1/2 cup (125 mL) butter 1/4 cup (50 mL) all-purpose flour

1 cup (250 mL) half-andhalf cream

1 jar process cheese spread 2 tsp (10 mL) soy sauce

1/2 tsp (2 mL) pepper 1/8 tsp (0.5 mL) hot peppersauce

1 can sliced water chestnuts, drained 2 packages frozen Frenchstyle green beans, thawed and well drained 2 tbsp (25 mL) slivered almonds

1. In large skillet, sauté mushrooms and onion in butter. Stir in flour until blended. Gradually stir in cream. Bring to boil; cook, stirring, 2 minutes or until thickened.

2. Reduce heat; add cheese sauce, soy sauce, pepper and hot pepper sauce, stir-ring until cheese is melted. Remove from heat; stir in water chestnuts. 3. Place beans in ungreased 3-L baking dish.

Pour cheese mixture over top. Sprinkle with almonds. Bake, uncovered, at 375°F (190°C) 25-30 minutes or until bubbly.

SERVES 14

rd.ca

For nutritional infor mation on this and other great recipes, go to **rd.ca** or check out Key Ingredients



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20 There is so much in your life you have to be thankful for and

today's Venus-Jupiter union will remind you how fortunate you are to have been born an Aries

SEPT 23-OCT 23

Ultimately, we get out in proportion to what we put in, and with your ruler Venus influenced by Jupiter today there is no doubt you will give your all.

TAURUS

APRIL 21-MAY 21

You won't have to go looking for excitement today. Wherever you happen to be and whatever you happen to be doing it will find you.

SCORPIO

OCT 24-NOV 22 Something with a foreign or exotic flavor to it will capture your imagination today. It may even capture your heart.

GEMINI

MAY 22-JUNE 21

On the web

For some strange reason you are having all sorts of dreadful thoughts about tomorrow. On the contrary, life is good and about to get even better.

SAGITTARIUS NOV 23-DEC 21

Even the most unemotional of

Sagittarians will find ways to let partners and loved ones know how they feel over the next 24 hours.

CANCER

JUNE 22-JULY 22

Express yourself fully. If you are not flavor of the month already you will be in a matter of days, and you must take advantage of it.

CAPRICORN

There is no guarantee that someone feels about you what you feel about them but don't let that stop you from admit-

LEO JULY 23-AUG 23

Don't miss out on a great op-portunity just because you think it would be wrong to profit and have fun while other people are struggling.

AQUARIUS JAN 21-FEB 18

The Sun may be about to leave your birth sign but that does not mean you should try to cram in as much extra work as you can over the next 24 hours.

VIRGO AUG 24-SEPT 22

Venus joins forces with luck

planet Jupiter today, making it easy for you to ignore criticism and do what feels right to you.

PISCES



With the Sun moving into Pisces tomorrow, you clearly have much to look forward to. Your special time of year is about to begin.

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This day in history

1600: The philosopher Giordano Bruno is burned alive at Campo de' Fiori in Rome for heresy.

1904: Madama Butterfly receives its premiere at La Scala in Milan. 1925: Harold Ross and Jane Grant found The New Yorker

magazine; the debut issue is dated Feb. 21, 1925. 1958: Pope Pius XII declares Saint Clare of Assisi (1193-1253) the patron saint of television.

1972: Sales of the Volkswagen Beetle model exceed those of Ford Model-T.

1979: The Sino-Vietnamese War begins.

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